



Phillippo, D., Ades, T., Dias, S., Palmer, S., Abrams, K., & Welton, N. (2017). *Population-adjusted treatment comparisons: estimates based on MAIC (Matching-Adjusted Indirect Comparisons) and STC (Simulated Treatment Comparisons)*. Poster session presented at ISPOR 22nd Annual International Meeting, Boston, United States.

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# Population-adjusted treatment comparisons

## Estimates based on Matching-Adjusted Indirect Comparisons (MAIC) and Simulated Treatment Comparisons (STC)

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### Aims

- Review the properties and assumptions of methods for population-adjusted treatment comparison, including Matching-Adjusted Indirect Comparison (MAIC) and Simulated Treatment Comparison (STC).
- Provide guidance on their use in health technology appraisal (HTA).

More information is available in NICE DSU Technical Support Document 18 (Phillippo et al. 2016).

### Background

In HTA submissions, a company wishes to compare their treatment *B* with that of a competitor, *C*. Standard indirect comparison and network meta-analysis assume that there are no differences in effect modifiers between the populations, and require a common comparator or a connected network — neither of which may be the case.

If effect modification is present on a given scale, relative effects  $d_{u(P)} = g(Y_{u(P)}) - g(Y_{l(P)})$  between treatments on that scale are specific to a given population *P*, where  $Y_{l(P)}$  and  $Y_{u(P)}$  are the mean outcomes on each treatment.

In an ideal scenario, individual patient data (IPD) would be available on all trials, and an IPD Network Meta-Regression could be performed. However, it is much more likely that a company only has access to IPD on their own trials and published aggregate summaries from their competitor's.

Population adjustment methods seek to use available IPD to adjust for any between-trial differences, or even reconcile unconnected networks, under certain **constancy** assumptions (Figure 1).

In a **connected** network with *AB* and *AC* trials, an **anchored** comparison can be made using randomisation with a common comparator *A* (Figure 1a).

In an **unconnected** network where there is no common comparator or there are single-arm studies, an **unanchored** comparison is the only option (Figure 1b).

### Methods for population adjustment

Population adjustment methods are broadly of two types:

- Propensity score reweighting, such as Matching-Adjusted Indirect Comparison (MAIC; Signorovitch et al. 2010), where individuals in the *AB* trial are weighted so that the reweighted covariate distribution matches that of the aggregate *AC* trial.
- Outcome regression, such as Simulated Treatment Comparison (STC; Caro and Ishak 2010), where a model is fitted in the *AB* trial and used to predict outcomes in the aggregate *AC* trial.

### Recommendations

The focus of the following recommendations is statistical and clinical validity, transparency, and consistency in the use of population adjustment methods for health technology appraisal.

**RECOMMENDATION 1** When connected evidence with a common comparator is available, a population-adjusted anchored indirect comparison may be considered. Unanchored indirect comparisons may only be considered in the absence of a connected network of randomised evidence, or where there are single-arm studies involved.

Unanchored comparisons require much stronger assumptions, so anchored comparisons are always preferred.

**RECOMMENDATION 2** Submissions using population-adjusted analyses in a connected network need to provide evidence that they are likely to produce less biased estimates of treatment differences than could be achieved through standard methods.

- Evidence must be presented that there are grounds for considering one or more variables as effect modifiers on the appropriate transformed scale. This can be empirical evidence, or an argument based on biological plausibility.
- Quantitative evidence must be presented that population adjustment would have a material impact on relative effect estimates due to the removal of substantial bias.

Justification is required for moving away from standard anchored methods. This is in line with the NICE Methods Guide, which states that “treatment effect modifiers should be identified before data analysis, either by a thorough review of the subject area or discussion with experts in the clinical discipline.”

**RECOMMENDATION 3** Submissions using population-adjusted analyses in an unconnected network need to provide evidence that absolute outcomes can be predicted with sufficient accuracy in relation to the relative treatment effects, and present an estimate of the likely range of residual systematic error in the “adjusted” unanchored comparison.

If this evidence cannot be provided, the amount of bias in an unanchored comparison is unknown and likely to be substantial.

### Processes for population-adjusted indirect comparison

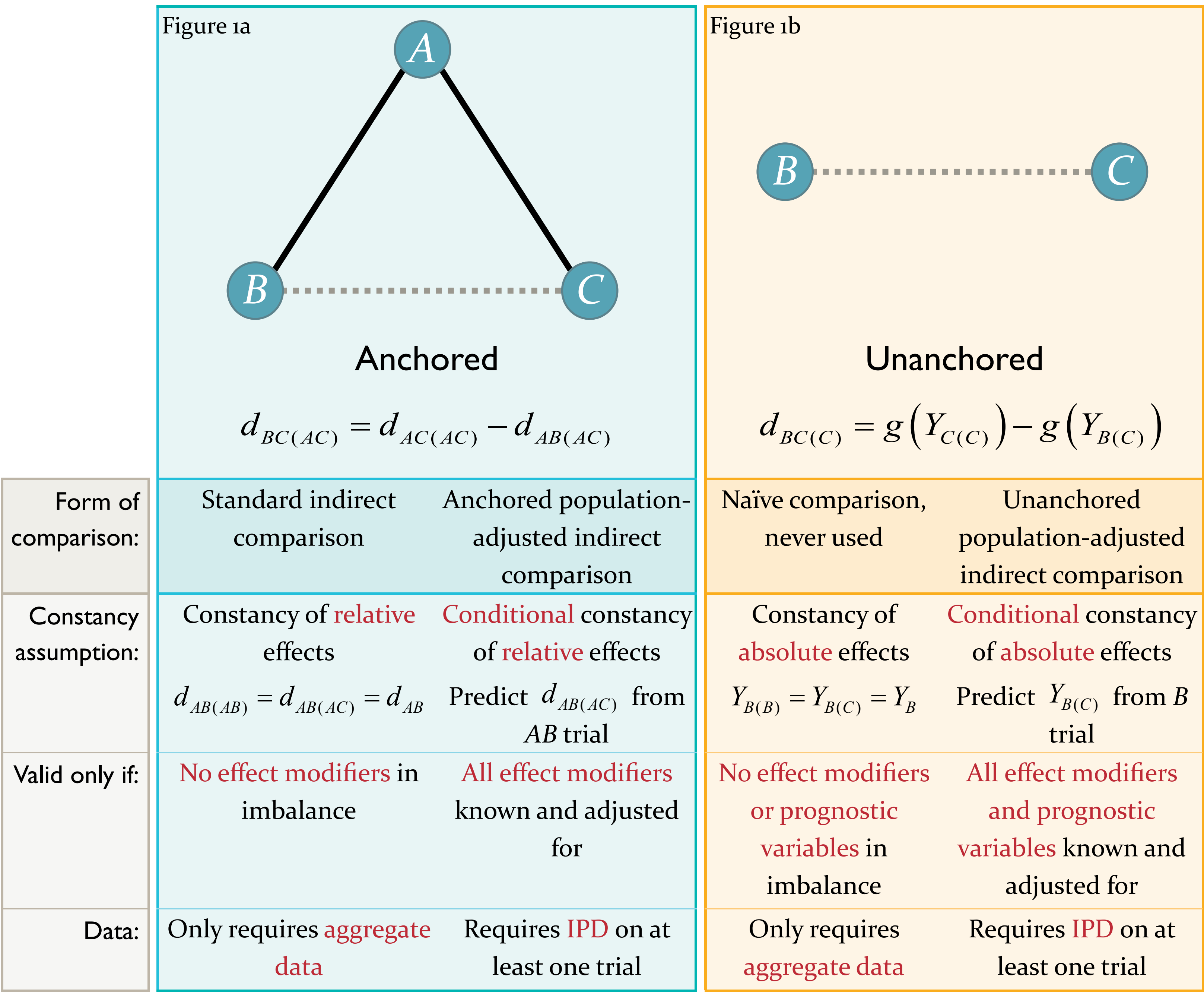
#### Anchored

PROPENSITY SCORE REWEIGHTING	OUTCOME REGRESSION
<b>1.</b> Provide evidence for effect modifier status on a suitable transformed scale.	
<b>2.</b> Provide evidence that effect modifiers are in substantial imbalance between studies.	
<b>3a.</b> Create a logistic propensity score model, which includes all effect modifiers but no prognostic variables. This is equivalent to a model on the log of the weights: $\log(w_i) = \alpha_0 + \alpha_1^T X_i^{EM}$	<b>3.</b> Fit an outcome model in the <i>AB</i> trial, which includes all effect modifiers in imbalance and any other prognostic variables or effect modifiers that improve model fit: $g(\mu_{l(AB)}(X)) = \beta_0 + \beta_1^T X + (\beta_B + \beta_2^T X^{EM})I(t=B)$
<b>3b.</b> Estimate the weights using the method of moments to match effect modifier distributions between trials. This is equivalent to minimising $\sum_{i=A,B} \sum_{j=1}^{N_{l(AB)}} \exp(\alpha_1^T X_{ij}^{EM})$ when $\bar{X}_{l(AC)}^{EM} = \theta$ .	
<b>4.</b> Predict outcomes on treatments <i>A</i> and <i>B</i> in the <i>AC</i> trial by reweighting the outcomes of the <i>AB</i> individuals: $\hat{Y}_{l(AC)} = \frac{\sum_{i=1}^{N_{l(AB)}} Y_{i(AB)} \hat{W}_i}{\sum_{i=1}^{N_{l(AB)}} \hat{W}_i}$	<b>4.</b> Predict transformed outcomes on treatments <i>A</i> and <i>B</i> in the <i>AC</i> trial using the outcome model: $g(\hat{Y}_{l(AC)}) = \hat{\beta}_0 + \hat{\beta}_1^T \bar{X}_{l(AC)} + (\hat{\beta}_B + \hat{\beta}_2^T \bar{X}_{l(AC)}^{EM})I(t=B)$
<b>5.</b> Form the anchored indirect comparison in the <i>AC</i> population as: $\hat{\Delta}_{BC(AC)} = g(\bar{Y}_{C(AC)}) - g(\bar{Y}_{A(AC)}) - (g(\hat{Y}_{B(AC)}) - g(\hat{Y}_{A(AC)}))$	
<b>6.</b> Calculate standard errors using a robust sandwich estimator, bootstrapping, or Bayesian techniques.	<b>6.</b> Calculate standard errors using the outcome model.
<b>7.</b> If justified, use the shared effect modifier assumption to transport the $\hat{\Delta}_{BC(AC)}$ estimate into the target population for the decision. Otherwise, comment on the representativeness of the <i>AC</i> population to the true target population.	
<b>8.</b> Present the distribution of estimated weights, and effective sample size.	<b>8.</b> Present standard model fit statistics.

#### Unanchored

PROPENSITY SCORE REWEIGHTING	OUTCOME REGRESSION
<b>1a.</b> Create a logistic propensity score model, which includes all effect modifiers and prognostic variables. This is equivalent to a model on the log of the weights: $\log(w_i) = \alpha_0 + \alpha_1^T X_i$	<b>1.</b> Fit an outcome model in the <i>A</i> trial, which includes all effect modifiers and prognostic variables: $g(\mu_{B(B)}(X)) = \beta_0 + \beta_1^T X + (\beta_B + \beta_2^T X^{EM})$
<b>1b.</b> Estimate the weights using the method of moments to match effect modifier distributions between trials. This is equivalent to minimising $\sum_{i=1}^{N_{B(B)}} \exp(\alpha_1^T X_i)$ when $\bar{X}_{C(C)}^{EM} = \theta$ .	
<b>2.</b> Predict outcomes on treatment <i>B</i> in the <i>C</i> trial by reweighting the outcomes of the <i>B</i> individuals: $\hat{Y}_{B(C)} = \frac{\sum_{i=1}^{N_{B(B)}} Y_{i(B)} \hat{W}_i}{\sum_{i=1}^{N_{B(B)}} \hat{W}_i}$	<b>2.</b> Predict transformed outcomes on treatments <i>A</i> and <i>B</i> in the <i>C</i> trial using the outcome model: $g(\hat{Y}_{B(C)}) = \hat{\beta}_0 + \hat{\beta}_1^T \bar{X}_{C(C)} + (\hat{\beta}_B + \hat{\beta}_2^T \bar{X}_{C(C)}^{EM})$
<b>3.</b> Form the unanchored indirect comparison in the <i>C</i> population as: $\hat{\Delta}_{BC(C)} = g(\bar{Y}_{C(C)}) - g(\hat{Y}_{B(C)})$	
<b>4.</b> Calculate standard errors using a robust sandwich estimator, bootstrapping, or Bayesian techniques.	<b>4.</b> Calculate standard errors using the outcome model.
<b>5.</b> Provide evidence that absolute outcomes can be predicted with sufficient accuracy in relation to the relative treatment effects, and present an estimate of the likely range of residual systematic error. If this evidence cannot be provided or is limited, then state that the amount of bias in the indirect comparison is likely to be substantial, and could even exceed the magnitude of treatment effects which are being estimated.	
<b>6.</b> If justified, use the shared effect modifier assumption to transport the $\hat{\Delta}_{BC(C)}$ estimate into the target population for the decision. Otherwise, comment on the representativeness of the <i>C</i> population to the true target population.	
<b>7.</b> Present the distribution of estimated weights, and effective sample size.	<b>7.</b> Present standard model fit statistics.

Figure 1: Forms of indirect comparisons and constancy assumptions



### Target population and shared effect modifier assumption

The results of a population-adjusted analysis are irrelevant if they cannot be obtained for the correct target population. The shared effect modifier assumption holds for active treatments *B* and *C* if:

- B* and *C* have the same effect modifiers, and
- The change in treatment effect caused by each effect modifier is the same for *B* and *C*

If this is the case, then the relative effect  $d_{BC}$  is valid for *any* population. The shared effect modifier assumption is evaluated on a clinical basis, and is more likely to be satisfied by treatments in the same class.

Phillippo DM, Ades AE, Dias S, Palmer S, Abrams KR, Welton NJ. 2016. NICE DSU Technical Support Document 18: Methods for population-adjusted indirect comparisons in submissions to NICE. Available from [www.nicedsu.org.uk/](http://www.nicedsu.org.uk/).

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NICE

The TSD was commissioned and funded by the Decision Support Unit at the National Institute for Health and Care Excellence.

MRC Medical Research Council

Ongoing work is supported by the Medical Research Council grant number MR/P015298/1.

